

Kinesiology and Exercise Science

Associate of Arts/Science

Suggested Degree Plan

The curriculum for Kinesiology & Exercise Science is the set of lower division courses that must be applied to any undergraduate Kinesiology or Exercise Science degree plan when a student transfers to or from any Texas public college or four-year institution. Following this advising guide ensures both completion of the Core Curriculum and the Field of Study. (FOS pending approval)

Semester I

_____	ENGL 1301	Composition I
_____	HIST 1301	U. S. History I
_____	KINE 1306	First Aid
_____	MATH 1342	Elementary Statistical Methods
_____	PSYC 1100	Learning Framework
_____	SPCH 1315	Public Speaking

16

Semester II

_____	_____	Academic Elective
_____	_____	Creative Arts
_____	ENGL 1302	Composition II
_____	HIST 1302	U. S. History II
_____	KINE 1301	Foundations of Kinesiology
_____	_____	KINE Activity Elective

16

Semester III

_____	BIOL 2401	Anatomy and Physiology I
_____	GOVT 2305	Federal Government
_____	_____	HUMA 1301 or ENGL 2322
_____	_____	KINE Elective
_____	_____	KINE Activity Elective

14

Semester IV

_____	BIOL 2402	Anatomy and Physiology II
_____	GOVT 2306	Texas Government
_____	KINE 2356	Care and Prevention of Athletic Injuries
_____	_____	KINE Activity Elective
_____	PSYC 2301	General Psychology

14

The following courses are required in the Kinesiology & Exercise Science Field of Study: [BIOL 2402](#), [KINE 1301](#), [KINE 2356](#), [PSYC 2301](#), and two KINE Activity electives.

Other courses listed in the program are required to complete the core curriculum.

Total Credits 60
Includes Core Curriculum credits.